

Newsletter

Drouin West Primary School Issue No 16 - Friday 27th AUG TERM 3 2 1





IMPORTANT DATES

Mondays	Lunch Orders— Flexischools App
Tuesdays	Breakfast Club 8:30am—8:45am (Free to All)
	Library Open to Students at lunchtime

Wednesdays		At lunchtime for Gr 3/4's the House Captains will be alternating weekly
Thursdays		Lunch Orders - Flexischools App
		Breakfast Club 8:30am—8:45am (Free to All)
		Library Open to Students at lunchtime
		At lunchtime for Prep/1/2's the House Captains will be running, running games (eg. Fruit Salad, Octopus etc.)
Fridays		Assembly @ 3:00pm – Online for students only
		Parents & Friends—1st Friday of the month @ 9:00am (after drop off)
Mon-Fri	14th-22nd Aug	National Science Week 'Food: Different by Design'
Mon-Fri	21st-27th Aug	Book Week 2021 'Old Worlds, New Worlds, Other Worlds'
Turs	26th Aug	Book Week Dress Up Day
Wed	1st Sept	*POSTPONED* Coal Creek Excursion - Prep Students
Thurs	2nd Sept	*POSTPONED* Coal Creek Excursion - Year 1 and Year 2
Fri	3rd Sept	*Pending Restrictions* Fathers Day Stall — Ordering via QKR
Mon-Fri	6th-10th Sept	*Pending Restrictions* Year 3-6 Swimming Lessons
Mon-Thurs	13th - 19th Sept	*Pending Restrictions* Prep Swimming Lessons
Mon-Fri	13th –17th Sept	*Pending Restrictions* Year 1/2 Swimming Lessons

Fri	17th Sept	Last Day of Term 3 2:15 Finish
Mon	4th Oct	First Day of Term 4



A note the CFA

A friendly reminder to our community to please refrain from parking at the fire station as it blocks access for fire fighters and their appliances.

From Mrs Halliday Drouin West Primary School

'Be Safe, Be Kind, Be Respectful, Be a Learner'

Well done families - another week of remote!

Good afternoon Families,

Last week, I was celebrating our first full week of onsite learning. This week we are acknowledging another full week of remote learning. How quickly things can change.

THANK YOU to each and every one of you for your ongoing commitment, patience, support and flexibility.

THANK YOU to everyone for their efforts with the 'Book Week' dress-up day yesterday, I certainly had a bit of fun dressing up as a Granny. Anything to brighten up our days is in order at the moment!

A big shout out needs to go to our children, their 'normal' worlds have changed and their resilience through all of this has been fantastic. I know my children at home are certainly noticing how different our world is now. The lack of sports activities is a big challenge and everything we go to do now, seems to have a rule around it.

The tight guidelines around authorised worker requirements in this lockdown has added an extra layer with work permits etc. We thank every family for their understanding and patience as we follow the processes around this. We need to continue to follow the Chief Health Officer's advice and ensure we do what we can in order to stay safe.

We do have some GREAT news for our community, DWPS site is getting a Kindergarten built for operation in 2023. This will be fantastic to have a Drouin West hub of Early Childhood and Primary Education.

We will continue our remote learning next week, as this stage we are *hoping* for a return to ONSITE for everyone on Friday. However, we will await the announcements and follow the guidelines.

Take care, Kelly Halliday



ENROL NOW FOR PREP 2022!

If you have another child to enrol next year, can you please do this ASAP, we are confirming enrolments now. We really need to know which siblings to expect in prep for 2022.

Father's/Special Others Day Stall

A reminder that we are still accepting payments via QKR for the Father's/Special Others Day stall until Wednesday September 1st.

We are hoping that the stall can run on Friday September 3rd (restrictions permitting) and will continue to update the community via Compass/Dojo of any changes.

- Admin team



From Mrs Wendy Ronalds Drouin West Primary School Chaplain







It's been lovely this week to receive some photos of the beautiful daffodils that have been blossoming from some of the children who completed Seasons for Growth earlier in the year.



For those who don't know, Seasons for Growth offers students a safe place to come together and share their experience of change and loss. "The children give voice to their experience of grief, understand and befriend their feelings, learn skills that help them adapt, develop friendships and recognise, they are not the only one to go through grief and loss." Good Grief.



One of our students completed Seasons for Growth in 2020 and is now in year 7. Their family sent me a photo of the plant they received last year. You might remember Bunnings donated us some beautiful carnations, which the children potted up and took home as reminder of the program. The flowers were beautiful when we received them, but eventually died off. We weren't sure if after dying off for a few months if they would come back. Low and behold after a few months this student's plant has one new flower on it, with more little buds on the way.

The COVID 19 pandemic has flung us in a pretty challenging season. It would be easy to think, this will go on forever. However, our cheerful daffodils and our carnations remind us yet again, that no season lasts forever, no matter how desolate it can look in the process. As we grieve for what has been lost and wonder about our future may we never lose hope of good things to come.

Kind Regards, Mrs Wendy Ronalds - Chaplain

Forthers & Special Ofhers Stall 2021 Friday 3rd September

The Father's Day stall is an annual event that gives the children a chance to select a gift for their Dad or Special Someone from a selection of quality gifts for only \$7 each.

Payment for the gifts can be made via QKR by Wednesday 1st September. Due to limited number of gifts purchases are limited to 2 per student and no orders will be accepted after Wednesday the 1st of September.

Cash will not be accepted on the day of the stall.

Gifts will be chosen by the students on Friday 3rd September.



Camp Rumbug - Student Reflections

Last week all the 3/4s went to Camp Rumbug. All the people there were very exciting, funny and fun.

I did zipping, canoeing, tree climbing and much more. I was so, so, so, so, happy.

Camp was awesome, we all had fun. I loved it so much. I did miss my Mum and Dad, but it was so exciting at Camp Rumbug.

Everything was amazing except for going up the very, very big hills.

I would add more time for activities. I would definitely go on another camp it was very funny.

I went to sleep easily. I have grown to have fun at camp because I was scared at first but when I did activites I lost my fear. I would rate Camp Rumbug 10/10. - Leeah

I went to a ¾ camp and it had lots of activities. It was called Camp Rumbug and we had a flying fox. We participated in bush craft, aeroball, canoeing, orienteering, tree climb, flying fox, team challenge and initiatives. At night we had a disco and the second night we went for a big walk we went for a big walk to the camp fire. For breakfast we had cereal, scrambled eggs, spaghetti, toast and fruit.

The things that I most enjoyed were the flying fox and the canoes. At camp I learnt to be patient because we had to wait for our turn in activities.

I would rate the camp 10/10 because I thought all the activities were fun. - Jai

I went to Camp Rumbug last week and it was the best all the 3/4s went. We did tree climbing and I went to the top. Over five people went to the top which was very good. I also went flying on the fun zipline, I went over trees, grass and bushes.

I was just jumping into all the activities. I think Camp Rumbug is very, very fun.

On the first night we had a disco which was loud and exciting.

I think other students should go because it is very fun. I rate the camp one million out of ten. - Gabriel

On Wednesday the 11th of August, 3/4C went to camp Rumbug. When I arrived at camp, I was a little nervous and sad because I missed my mum but I got to go canoeing with my teacher and Caleb. We also had a disco. My favourite thing was the zipline because it was so fun. I was having so much fun at camp and it was amazing. I was so happy. We went to bed at 8:30pm and the camp beds were okay. The view was so bright and amazing. There were 7-8 beds in each cabin and 2 kids in each bunk, 2 showers and 1 toilet. We would get up and get ready for the day around 7am. - Jai 3/4C

I went to camp Rumbug on the 11th of August. When we arrived, I was a little nervous. I was nervous because it was hard not seeing my family. The teachers took us to the greenhouse and told us who was in our cabin. I had my friend Stevie. They also told us our activity groups and there were 5 groups altogether. I was in group 4 with Stevie. My group had ziplining, tree climbing and canoeing first. My favourite was ziplining. We also had a disco and I found that challenging. We spent 3 days at camp. I had a fun time and I loved seeing my family again. - Beau M 3/4C

I went to camp last week on August the 11th to the 13th. I almost screamed in the bus when we arrived because I was so excited. When the bus door opened, I ran out and jumped around. We were in the bus for an hour and a half. I saw flowers and smelt fresh air. I got my bags and went to the greenhouse. The teachers then told us what cabin we were in and I was with some of my friends. We went on the flying fox, canoeing and hiking. I almost fell out of the canoe. The hill near canoeing was so steep and it made me very tired. My favourite thing was the flying fox and bush craft. After dinner we had to get ready for the disco and I chose an outfit. I was so happy but I was getting sleepy. On the last day of camp, we got up at 6:30am and packed our bags and did some cool things. We put out bags in the bus and went back to school. I was in the mini bus and it was so mini I felt like I had no space. We got back to school and I said thanks to the bus driver, got my bag and went to mums. - **Kiaree M 3/4C**

On Wednesday the 11th of August 2021, my school, Drouin West Primary 3/4's went on the best camp EVER! As we hopped on the bus, it felt like hours had passed. It took 1 hour and 30 minutes to get there. When we arrived, I realised we were in the middle of the bush. As we exited the bus, we walked to a big greenhouse and the teachers called out who was in our cabins. On camp Rumbug, the activities my group did were, ziplining, canoeing, tree climbing, hiking, orienteering, areoball, team challenge and bushcraft. On the night of our arrival, we had an awesome disco in this room near the cabins. I smelt wild animals running around camp Rumbug. When I was canoeing, I saw kids on the zipline over my head. Wherever you went, you could hear kids singing silly songs. As I climbed the big tree, I could feel the rough, hard bark under my fingers. I could taste the delicious food the chefs made on my tastebuds. Don't worry, for everything like ziplining and tree climbing we all had harnesses on. My personal thoughts about camp Rumbug is I loved everything about camp, the songs, the camp fire, toasting marshmallows, free dress and the activities. I wish I could have stayed a few more days. I wish I could have thanked the chef personally for making delicious meals. I made lots of friends and achieved my goal for camp. I pushed myself past my comfort zone and had the best time. I would give camp Rumbug 5 stars out of 5.

- Ainsley B 3/4C

On the 11th of August – the 13th all of the 3/4 students leaped on the bus and went to camp Rumbug. We stayed 3 days and 2 nights.

When we got to camp we went to our cabins. I was room sharing with lots of great people in my cabin. These were Ruby Upton, Jade, Ainsley, Addi, Izzie Boyce, Lily M and Bella. The hardest thing about sharing a room with lots of different people was sleeping since it was quite noisy. It was fun sharing a room with different people.

Everybody didn't like the very tall hills but they didn't bother me though since I live on a hill. Most people didn't want to do canoeing but nobody fell in the cold deep water.

The activities were all so much fun I would love to go again. The activities that we did were team challenges, initiatives, canoeing, orienteering, tree climbing, zip lining, aeroball (trampoline basketball) and bushcraft. My favourite activities were canoeing, ziplineing and tree climbing. During my favourite activities I felt exited, nervous and happy. I would rate it five stars.

The song we learnt at camp was. 'Oh chicken' a chicken has a wing a chicken has two wings' a chicken has a leg a chicken has two legs' a chicken has a head a chicken has a tail' oh chicken! - Maya T 3/4A

Camp Rumbug

This place is called Camp Rumbug and we stayed there for 3 days! All the grade 3/4s came and all the teachers came too. We left school about 8:45 sharp, Wednesday, 11th and picked up at 3:30 sharp, Friday 13th. I sat next to Ms Thompson on the way to camp and on the way home, lucky me! She is a kind teacher and was wonderful to chat to.

Walking up the hills was really tiring. There were lots of activities to do at camp. My three favourites were zip line, canoeing and the titanic raft.

Here are some information about zip line. Well its really fun. Its like im floating in the sky. I have been on the zip line for 3 times! It was really fun but that's not all...

Canoeing! I loved going on the double boat with Spencer. In the middle of the lesson, Spencer and I blew away from the spoilt wind. The instructor towed us back in to shore! Last but not least...

The Titanic Raft! It was so much fun! And quite scary too... all you need to do is work together using the paddles to get from one side of the river to the other. It is a small river though the paddles were hard to use.

We had brekkie, lunch and supper! Brekkie was toast and weet bics. Lunch was wraps and tacos. Dinner was spaghetti. All of that was delicious! I recommend people 7+ should visit Camp Rumbug. I rate it 5 stars! - Jason 3/4A



CHILD THERAPISTS, SCHOOL COUNSELLORS, ALLIED HEALTH PROFESSIONALS, TEACHERS and OTHERS WHO WORK WITH CHILDREN:

- Do you work with children who struggle with high levels of anxiety, stress or worry?
- Have difficulties managing frustration, following instructions or sustaining attention?
- Have challenges getting along with others?
- Have experienced difficult life events or trauma?
- Have been diagnosed with anxiety, ASD, ADHD or ODD?

CALM KID CENTRAL PRO CAN HELP!

VIDEOS AND RESOURCES YOU CAN USE WITH CHILDREN (AND PARENTS/ CARERS) IN CLASSES/COUNSELLING ROOMS

Short animated videos, activity sheets, discussion questions and posters for children with emotional/ behavioural/social challenges. Use as the basis of three courses (anxiety, behavior, social skills) or as stand alone resources.







Videos and handouts you can show and give to <u>parent/caregivers</u> to help them connect with and use their "take charge" skills with their kids with big feelings







TRAINING FOR YOU TO STAY UP TO DATE AND CONFIDENT IN WORKING WITH CHILDREN

Library of videos, articles, research summaries and webinars for professionals who work with children with emotional, social and behavioural challenges.

FAST ONLINE ACCESS TO CHILD PSYCHOLOGIST PANEL FOR CONSULTATION

Ask a question about a resource, idea or reference on our "Help Centre". Our panel of experienced child psychologists will answer within 48 hours. Over 1000 professionals and families have used CKC in the last 2 years. Questionnaires completed by parents before and 4 months after using Calm Kid Central resources show that children experience a significant reduction in anxiety, challenging behaviour and frustration.

Calm Kid Central

"Love what you are doing and the use of video clips with children has been really helpful. -Clinical Psychologist

"I'm using this every day! The video's are great, the kids love them. Thanks so much for providing an excellent resource." -School Counsellor

Now FREE for ALL professionals working with families in the GIPPSLAND region
(supported by Gippsland Primary Health Network)

go to: calmkidcentral.com/professionalsonly Click JOIN NOW and Use the Code GIPPSLAND18

For info about Calm Kid Central Professionals—please go to www.calmkidcentral.com/professionalsonly

Or call 8357 1711 or email kirriliesmout@developingminds.net.au